

A LITTLE GUIDE FROM HOUSE OF HUSH

The quiet bedroom

Choosing your headboard shape, linen and colour



HELLO FROM THE STUDIO

Thank you for being here

We're House of Hush, a mother and daughter studio making hand-painted and upholstered headboards, murals and soft furnishings, each one made to order in England.

A headboard is often the first thing you see as you walk into a bedroom, and the last thing you lean back against at night. It quietly sets the mood of the whole room, so it's worth choosing slowly.

This little guide gathers the questions we ask in our very first conversation with every client: how your room feels, which shape suits it, how big it should be, and which linen and colour will make it feel like yours. Take your time with it, perhaps with a cup of tea.

With love, from both of us

CHAPTER ONE

Begin with the room

Before thinking about shapes or colours, spend a moment in the room itself. These four questions will make every other choice easier.

i

How should it feel?

Restful and calm, a place to slow down? Or something with a little more character and joy?

ii

Where does the light fall?

Linen changes through the day. A north-facing room makes colours read cooler and softer; a sunny south-facing room warms them.

iii

What do you see from the door?

The headboard is usually the heart of the room. Notice what surrounds it: panelling, a window, bedside tables, a favourite lamp.

iv

Who sleeps here?

A main bedroom, a guest room, a cottage bedroom or a child's room will each ask for something a little different.



CHAPTER TWO · OUR TWO SHAPES

The arch



Soft, calm and timeless. One gentle curve rises between rounded shoulders, framing the bed without ever shouting for attention.

FEELS	Restful, elegant, classic
LOVELY IN	Main bedrooms and panelled rooms
BEST DRESSED IN	Upholstered in natural linen
SHINES ON	Wider beds, where the curve can breathe



The scallop



A little more playful, with a raised centre and softly scalloped shoulders. It brings character and a touch of whimsy, and its broad face makes the perfect canvas for a hand-painted design.

FEELS	Characterful, joyful, a little unexpected
LOVELY IN	Guest rooms, cottages and children's rooms
BEST DRESSED IN	Hand painted, or in coloured linen
SHINES ON	Rooms where the headboard is the heart



CHAPTER THREE

Getting the proportions right

A beautifully proportioned headboard looks as though it has always belonged. There's no single right answer, but these gentle rules of thumb are a good place to start.



Width

Usually the width of your bed, or a little wider on each side so it gently frames the mattress. UK mattresses are typically: single 90cm, small double 120cm, double 135cm, king 150cm and super king 180cm.

Height

Many headboards stand somewhere around 120–150cm from the floor. Taller feels grand and enveloping, especially under high ceilings; lower suits sloping ceilings, cottages or a window above the bed.

The little things

Note any sockets, light switches, wall lights, window sills or radiators near the bed, so we can plan around them.



CHAPTER FOUR

Choosing your linen

We work in linen because nothing else feels quite like it. Woven from flax, it is natural and breathable, it softens beautifully with age, and its gentle texture catches the light in a way that makes a room feel calm.

Natural

Light, calm and at home anywhere. The perfect canvas for painting.

Olive

Our signature. Deep, grounded and cocooning.

Coloured

For a headboard with a little more to say.

Finding your colour

· Take a cue from something you already love in the room: a painting, a rug, the view.

· Deeper colours make a room feel cosy; paler tones open it up.

· Look at samples on the wall, in the morning and again in the evening. We'll always send swatches so you can see them in your own light.

CHAPTER FIVE

Upholstered or hand painted?

Upholstered

Soft, tactile and quiet. Your chosen shape, wrapped in linen in your colour. Wonderful for leaning back against with a book, and timeless in any room.

Hand painted

The headboard becomes a piece of art: a galloping horse, trailing botanicals, or a design we create together around your story. Painted by hand, so no two are ever the same.



Can't decide? We'll happily talk it through with you.

CHAPTER SIX

The finishing touches

Once the headboard is chosen, a few considered pieces bring the bed together.



i

Begin with pillows

Crisp white or natural pillows let the headboard and linen take centre stage.

ii

Echo the headboard

Add a plain linen cushion in your headboard colour, perhaps with a contrasting piped edge.

iii

One moment of detail

Finish with a single hand-painted cushion, a sprig or a scattering of stars, perhaps echoing something elsewhere in the room.

iv

A throw at the foot

A soft throw in a tone drawn from the headboard ties it all together.

Measuring up

Have these to hand for our first conversation. Don't worry if you're not sure of everything; we'll go through it together.

- [ ] The width of your mattress, or your bed frame if it's wider
- [ ] The height from the floor to the top of your mattress
- [ ] Your ceiling height
- [ ] The wall space available, or the gap between bedside tables
- [ ] Where sockets, switches, wall lights and windows sit
- [ ] Whether your bed frame has fixings for a headboard
- [ ] A photograph of the wall, taken in daylight



The start of our journey together

01 **Over a cup of tea**

Every commission begins with a conversation. Tell us about your home, your ideas and the little details that make it yours, in person or over the phone.

02 **Sketches & swatches**

Where ideas begin to take shape. We explore our linens, colours, finishes and illustrations, bringing together a design that feels entirely your own.

03 **Slowly, by hand**

Each piece is carefully brought to life in our studio, with attention paid to every last detail.

04 **Where it belongs**

Your headboard arrives ready to fit, with simple instructions: the beginning of a new chapter, ready to be loved for years to come and treasured as an heirloom.





Let's begin

When you're ready, we'd love to hear about your room.

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